

# The Daily Double

[www.famomc.org](http://www.famomc.org)

Fredericksburg Area of Multiples Club

Volume 31, Number 6

January 2007

## January

Date: Wed., Jan. 3rd, 2007  
At MWH  
Time: 7 PM Business meeting

Directions to MWH: From Rt. 3 take Rt. 1 north go to fourth light to take a left at light onto Mary Washington Blvd. Follow signs to hospital.

After the meeting we will help make diaper cakes for all the moms that have had babies recently! Supplies will be brought by Diana.

## Refreshments

Please bring an item to share as listed below:

BB Twins/Quads... ..Drinks  
GG Twins... ..Salty  
BG Twins/Triplets... ..Sweets

## Social Welfare:

We will be collecting non-perishable food items, diapers, wipes, etc. for the Thurman Brisben Homeless shelter. Also, please bring hats, coats, gloves, blankets, etc. to donate to the homeless. Vikki Lare or Ann Steimer will be taking these donations.

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## President's Note

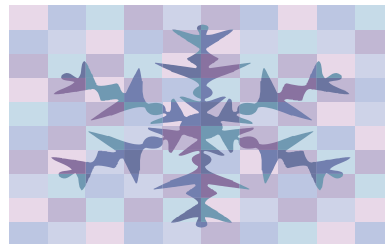
Ladies~

I wanted to personally thank everyone for all the donations and gifts that were given to our Christmas family last month. It's amazing what can be accomplished when a "village" is willing to come together and help out others! Thanks again to all that participated!

The holiday party was a huge success! We were busting out of the Anytime Fitness gym with the kids this year! Santa and Mrs. Claus were delighted to see so many children! Thanks to all who stayed behind and helped clean up! Thanks to all who helped with the bringing of the chairs and to Heather Oljey for organizing a wonderful party!

I hope everyone had a blessed holiday season and look forward to seeing you at this month's meeting!!

Thanks,  
Stacey



## A Big Thanks!

Vikki Lare took the gifts to our Christmas family the Friday before Christmas. The mom, Jennifer, was very appreciative!! The twins were so cute! We truly made their Christmas one to remember!  
Thanks to all the club members who donated this year!!

# From the 2nd VP

Happy Holidays, everyone! Hope everyone had a very Merry Christmas. We had a fantastic turnout for the Christmas party. Over a hundred parents and children were in attendance. O.K., here's my Oscar-winning speech: I'd like to thank Rob & Susan Bast for allowing us to use their facility, Stacey Broughton's parents for being our "special guests," Scott Cummings for picking up & dropping off chairs for the event, and a big thanks to my husband (Steven Oljey) and my father (Bob Westall) who I worked half to death! The next event will be the Easter Party; the details will be given at a later date. I wish you and your family a safe and Happy New Year!

Heather Oljey, Hostess with the Mostest  
From the 2<sup>nd</sup> V.P.

### Treasurer's Report January 2007 By Germa Batton

INCOME:

Sold 2 peel-a-way books... ..	\$	20.00
Dues**... ..	\$	77.00
Total Income:	\$	97.00

EXPENSES:

Newsletter and packets (Michelle Patrick.....)	\$	36.56
Entertainment Publications... ..	\$	900.00
Total Expenses	\$	936.56

Checkbook Balances... ..	\$	1202.48
Cashbox... ..	\$	200.00
Ending Balance... ..	\$	1402.48

\*\*Jennifer Swenson, Mary Romans, Melody Sutton, Amanda Colburn

## In Search of... In Search of...

The club is looking for a new historian. Angela Stephenson is currently the chair mom, but needs someone else to take over for her. The historian scrapbooks all the clubs pictures that are taken at our events. Please contact Angela at 540-286-2833 if you wish to help her out and become our new Historian! Thanks so much for your participation

**FAMOMC Officers**

President... .. Stacey Broughton... ..654-5338  
 broughtons4@verison.net  
 1st VP... .. Diana Wheeler... ..582-8188  
 2nd VP... ..Heather Oljey... .. 370-0479  
 Secretary... .. Ann Steimer... .. .374-2390  
 Treasurer... ..Germa Batton... .. 371-2219

**Committee Chairs**

Newsletter Editor... ..Michelle Patrick...899-8982  
 Membership... ..Michelle Patrick...899-8982  
 Webmaster... ..Stephanie Hartwig...834-4172  
 Sunshine  
     Honorary... ..Lisa Marsden... ..720-7692  
     Prospective... ..Lisa Marsden... ..720-7692  
 Packets... ..Michelle Patrick... ..899-8982  
 Librarian... ..Nanette DeLong... .. 898-3128  
 Historian... ..Angela Stephenson... .. 286-2833  
 Refreshments... ..Katie Poole... ..775-5754  
 Scholarship... ..Stacey Broughton... .. 654-5338  
 Mom 's Morning Out... ..Jen Huff... ..372-4045  
 MAPOM Delegates  
     Kim Altemose... ..752-1650  
     Stephanie Hartwig... ..834-4172

**MAPOM Alternates... ..OPEN**  
 National Rep... ..Diana Wheeler... ..582-8188  
     Stacey Broughton... ..654-5338  
 Bis Sis/Lil Sis... .. Angela Stephenson... .. 286-2833  
     Co-chair... ..Leslie Smith... ..775-1378  
 Social Welfare... .. Vikki Lare... ..368-2791  
     Co-chair... ..Ann Steimer... ..374-2390  
**Bylaws... ..OPEN**  
**Ways and Means... ..OPEN**  
 Yard Sale... ..Lisa Marsden... ..720-7692  
 Silent Auction... ..Michelle Asimacopoulos..548-0406  
 T-shirts/Hats... ..Michelle Patrick... ..899-8982  
**Convention Sales... ..OPEN**  
 Meals... ..Rachel Smart... ..658-0878  
 2nd VP Committees  
     Summer Picnic... .. Heather Oljey... ..370-0479  
     Fall Festival... ..Heather Oljey... ..370-0479  
     Christmas Party... ..Heather Oljey... ..370-0479  
     Easter Party... ..Heather Oljey... ..370-0479

If you are interested in chairing any of the open positions please let Stacey Broughton know! Thanks for all your participation!!



Too much to do and no time to prepare dinner. Use one of your peel-away-coupons for a free pizza. These coupon books will save you at least \$100 on just the pizzas. The cost of the book is \$10. The club makes \$5 on each book sold.

We are asking that everyone try to sell or buy 3 books. Here's what you get:

IHOP: Buy any entrée with drink get 2nd entrée free of equal or lesser value (up to \$7.00 value)

DOMINO'S PIZZA: Any pizza of equal or lesser value free with purchase of another

BURGER KING: Any regular priced Whopper free with purchase of same.

PAPA JOHNS: Buy any large pizza at regular price, get 2nd pizza of equal or lesser value free.

On page 4-8 you will find information regarding the MAPOM scholarship. If you have any questions, please contact Kim Altemose.

You will also find a flyer regarding 2007 MAPOM convention being sponsored by MCPOM. They do not have the registration forms available at this time, but the hotel info is included if you wish to make your reservations! I will include information regarding registration in February 's newsletter!

## **Applicant Cover Letter**

Dear Applicant,

Thank you for your interest in the Mid-Atlantic Parents of Multiples Association Vickie Barr Scholarship program. This scholarship is open to current and prospective students who are also children of a multiple birth, parents of multiple birth children, or siblings of multiple birth children.

All applications must be submitted directly to each Scholarship Committee member. The attached Scholarship Application and the MAPOM Member Club Recommendation for Scholarship must be completely filled out and copies sent to the names and addresses below.

Applications should be received by the committee members by February 1. Applications are to be postmarked by January 29.

If there are any questions please contact a member of the Scholarship Committee. Listed below are the names and addresses of the committee members.

<b>Name</b>	<b>phone</b>	<b>e-mail</b>	<b>club</b>
Darla Castner 12180 Breckenridge Ln. Woodbridge, VA 22192	(703) 590-2513	<a href="mailto:eanddcastner@comcast.net">eanddcastner@comcast.net</a>	Prince William
Debbie Lawlor 13198 Berlin Turnpike Lovetteville, Va 20180	(540) 822-5714	<a href="mailto:Lthreath1nce@aol.com">Lthreath1nce@aol.com</a>	Loudoun/Fairfax
Jeanne Brill 14344 Belleville Ave Woodbridge, VA 22193	(703) 670-7663	<a href="mailto:twinmomjmb@wmconnect.com">twinmomjmb@wmconnect.com</a>	Eastern Prince William

## SCHOLARSHIP PROCEDURES

### SCHOLARSHIP ELIGIBILITY AND SUBMISSION REQUIREMENTS ELIGIBILITY

To be eligible to receive the MAPOM scholarship, the applicant must meet certain criteria:

- The applicant must have successfully completed high school or the high school equivalency exam and have a diploma so stating.
- The applicant must either be a member of or have a family member who is a member in good standing of a MAPOM Member Club. They must have been a member in good standing for a minimum of one year preceding the date of application.

The applicant must be one of the following:

- A student who is part of a multiple birth, i.e. a twin, triplet, etc.
- The parent or guardian of multiples, i.e. mother or father, who wishes to begin or complete a degree in higher education.
- The sibling in a multiple birth family
- 

### SUBMISSION REQUIREMENTS

The applicant must provide the following information:

- A completed application form and a 300 – 500 word essay describing future educational plans and aspirations. Also, the reason for applying for this scholarship.
- If currently enrolled in an institution of higher learning, they must provide documentation at the time of application to verify this fact. A letter from the institution, a report card or receipt for tuition will be acceptable.
- If accepted at an institution of higher learning, then a letter of acceptance from the institution must be submitted to the scholarship committee. If accepted at more than one institution and a final decision has not been made then provide copies, listing the 1st choice, 2nd choice, etc., and the date final decision is expected to be made.
- If applications have been made to various institutions but acceptance has not been received by the due date of the application then a listing of the 1st choice, 2nd choice, etc. and copies of one application. A copy of the notice of acceptance is required upon receipt from the institution, as well as the date of planned enrollment.
- A recommendation for scholarship form must also be submitted by the applicant's local club president.

### C. SUBMISSION DEADLINE

The applicant must submit their application to the Scholarship Committee by February 1st. Applications received after that deadline of February 1st but postal stamped at least three days prior to the deadline date will be accepted. Applications that are postal stamped later than that date will not be considered by the committee. Applications cannot be submitted via email. You can email to ask if your application has been received.

## SCHOLARSHIP SELECTION

### REVIEW AND RECOMMENDATIONS

- The committee will consist of at least three members of MAPOM appointed by the President. Each application will be reviewed by the individual committee members.
- The committee members will meet to discuss and consider the applications to be recommended for acceptance by the Board.
- Final recommendations will be presented at the MAPOM Winter Board meeting held in March.
- Committee members who are in any way involved with an applicant (i.e. mother, sibling, etc.), other than being a member of the same club, will disqualify themselves from the screening process and ask that an alternate be appointed.

### SELECTION

The full Board will review the committee's recommendations and vote on the acceptance or non-acceptance of the recommendations.

### SCHOLARSHIP AMOUNT

This scholarship will be in the amount of \$250 (unless otherwise voted by the MAPOM Board) plus MAPOM's share of the 50/50 drawing held at the yearly convention. Scholarship will be awarded as a whole or in part, as recommended by the committee and voted on by the Board.

## Mid-Atlantic Parents of Multiples Scholarship Application Form

Name \_\_\_\_\_

Address \_\_\_\_\_

Date of Birth \_\_\_\_\_

Parents (s) or Guardian (s) name \_\_\_\_\_

Are you a: Multiple \_\_\_\_\_ Parent \_\_\_\_\_ Sibling \_\_\_\_\_

Name of High School  
and Date of Completion \_\_\_\_\_

Name of Institution(s) of Higher Learning you have applied to/been accepted by  
\_\_\_\_\_  
\_\_\_\_\_

Will you attend as a: Freshman \_\_\_\_\_ Sophomore \_\_\_\_\_ Jr. \_\_\_\_\_ Sr. \_\_\_\_\_

Graduate Student \_\_\_\_\_ other \_\_\_\_\_

Acceptance documentation enclosed \_\_\_\_\_ (*Letters of acceptance must be included as part of the*

*application. If not available now, send as soon as possible. No funds will be issued without verification of acceptance.*)

Will you be receiving any other Scholarships or Grants? \_\_\_\_\_

Are there any other members of your family attending a college or a higher-learning institution?

Have you or any other family member received a Scholarship from Mid-Atlantic Parents of Multiples before?

\_\_\_\_\_ if yes, who and when \_\_\_\_\_

Please include information about your community and high school clubs and or activities.

On a separate sheet of paper, submit a 300 to 500 word essay describing your future educational plans and aspirations. Please include your reason for applying for this scholarship.

Briefly, is there anything else you would like to add to aid in consideration of your application. Respond

**DEADLINES: This application should be submitted to each individual Scholarship Committee member by February 1st.**

# MAPOM Member club Recommendation for Scholarship

*Top section to be filled out by applicant or appropriate club member.*

Name of Club Member submitting application:

Club Name \_\_\_\_\_

Is applicant a member in good standing or a family member of a member in good standing? \_\_\_\_\_

How long has applicant/club member been a member of your club? \_\_\_\_\_

Offices held in local club (position and date) \_\_\_\_\_

MAPOM Offices/Committees (position and date) \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

*To be filled out by MAPOM Delegates*

DELEGATES, TO THE BEST OF YOUR KNOWLEDGE IS APPLICATION INFORMATION CORRECT?

\_\_\_\_\_  
ANY COMMENTS?

Signatures:

MAPOM Delegate: Name \_\_\_\_\_ Date \_\_\_\_\_

MAPOM Delegate: Name \_\_\_\_\_ Date \_\_\_\_\_

Club President: Name \_\_\_\_\_ Date \_\_\_\_\_

# Come Join Us for A TASTE OF FREEDOM



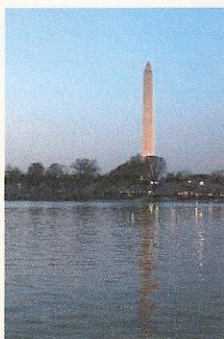
Montgomery County Parents of Multiples (MCPOM) is excited to invite you to the  
**2007 MID-ATLANTIC PARENTS OF MULTIPLES CONVENTION**  
in Gaithersburg, Maryland, April 27-28, 2007.

This year's theme will be a celebration of **FREEDOM**. Freedom from the daily grind, freedom from responsibility, freedom from your multiples!

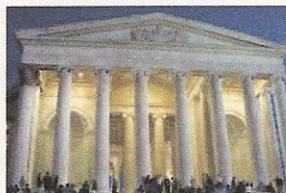
The convention will be held at the **Washingtonian Marriott** at the Washingtonian Center in Gaithersburg, Maryland. The hotel is a short drive (or metro ride) to D.C. and just steps from many local shopping and dining options. See [www.shop-washingtonian.com/index.php](http://www.shop-washingtonian.com/index.php) for more detailed information on the many amenities and services found at the Washingtonian Center.

One of the highlights of the weekend will be a traditional **American Carnival** on Friday night, complete with games, food, and special entertainment. Saturday will feature

informative workshops, an exciting keynote speaker, **Cindy Pena**, opportunities for exercise and relaxation, and the chance to tour our nation's capital.



We hope that you plan to join us!



**Registration fees:**

\$60 for members

\$65 for non-members

*Registration will begin January 15, 2007*

*All registration forms must be received by March 25, 2007*

**Hotel reservations:**

**Washingtonian Marriott  
Gaithersburg, MD**

**800-228-9290**

[www.marriott.com](http://www.marriott.com)

*Reservations must be made by Friday April 6, 2007 to receive a discounted group rate. You must mention "Mid-Atlantic Parents of Multiples" to receive these rates: \$130 per night for double occupancy, \$120 per night for single occupancy*

**For more information:**

Visit the MCPOM website  
[www.mcpom.org](http://www.mcpom.org) or contact:

**Wendy Davis**

[wskpdavis@comcast.net](mailto:wskpdavis@comcast.net)

**Michele Morhenn**

[morhenn@yahoo.com](mailto:morhenn@yahoo.com)

**Tara Kavadias**

[tkavadias@comcast.net](mailto:tkavadias@comcast.net)



# Member News

## Happy Birthday

[Jenifer Nothelfer... ..1/7](#)  
[Stephanie Billingley... ..1/8](#)  
 Alissa & Alaina Li... ..1/8  
 Madison & Hailey Marsden...1/12  
[Graciela Lopez... ..1/13](#)  
[Ann Steimer...1/13](#)  
 Michael Jones... ..1/17  
 Jeff Lare... ..1/17  
[Stephanie Hartwig... ..1/27](#)  
 Hunter & Rachel DeLong... .1/30  
 Roger Pierce... ..1/30  
 Rodney Smith... ..1/31



### Sunshine

Contact Lisa Marsden 720-7692

### Honorary Members

Maggie Sparks	Linda Morris
Amanda Cook	Joy Alston
Brenda Mason	Claudia Duran
Kathy Tharp	Maygen Green
Awilda Chambers	Sonja Coulhoun
Jessica Johnson	Susan DiClemnte

### Prospective Members

Jenn Tyree	Sarah Boswell
Liandra Belovorac,	Susan Bast
Tanya Vasquez	Kimberly Luxedor
Genie Schrumm	

## Happy Anniversary

Rebecca & Ken Thomas... ..1/2  
 Wendy & Jon Perry... ..1/9  
 Mary Catherine & Paul Romans... .1/15  
 Kim & Todd Altemose... ..1/16  
 Mercedes & Patrick Jenkins... ..1/27  
 Kristy & Paul Vann... ..1/30

### December Mom & Morning Out (MMO) events:

Mom's Night Out (Moms only)- Jan 17, 7 pm, [Smokey Bones Barbeque & Grill](#)  
 Barbecue beef, pork, ribs and chicken. (540) 548-1201, 1801 Carl D. Silver Pkwy, Fredericksburg, VA 22401

Family Night Out for School Age Multiples/Siblings- Jan 26, 6:30 pm, CiCi's Pizza  
 (540) 310-4151, 2005 Plank Rd, Fredericksburg, VA 22401

Mom's Morning Out (Pregnant Moms and Moms with Two yr olds and under)-  
 Jan 8, 10 am, Spotsylvania Mall, NEW kids play center

Mom's Morning Out (Pregnant Moms and Moms with Two yr olds and up)- Jan 10, 12 pm, Spotsylvania Mall,  
 NEW kids play center

Mom's Morning Out (Moms only)- Jan 5, 10 am, Einstein Bagels, near Mary Washington Hospital

Mom's Morning Out (Moms only)- Jan 19, 10 am, Einstein Bagels, near Mary Washington Hospital

Note: Moms with multiples/siblings, Pregnant Moms, Honorary Moms and Prospective Moms welcome to all MMO events (unless otherwise specified).

# January 2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Happy New Year	2	3 Bus. Meeting 7pm	4	5 Mom's Only 10am Einstein	6
7	8 MMO 10 am Spotsy Mall	9	10	11	12	13
14	15	16	17 Mom's Night Out 7:00 pm	18	19 Mom's Only 10am Einstein	20
21	22 Newsletter Deadline	23	24	25	26 Family Night Out 6:30 pm	27
28	29	30	31	Note: check page 10 of newsletter	To get more Info on events!	

## The Daily Double

Michelle Patrick, Newsletter Editor  
 Fredericksburg Area Mothers  
 of Multiples  
 10811 Hamilton's Crossing Drive  
 Fredericksburg, VA 22408  
 patrix5@netzero.net

<http://www.famomc.org>

### The Daily Double

The Daily Double is the official publication of the Fredericksburg Area Mother of Multiples. It provides information about the club meetings and activities, as well as other articles of interest. The purpose of FAMOMC is to broaden the understanding of those aspects of child development and rearing that relate especially to multiples. The policy of FAMOMC shall be to give assistance and understanding to mothers of multiples and those responsible for the care and raising of multiples.