

The Daily Double

www.famomc.org

Fredericksburg Area of Multiples Club

Volume 31, Number 7 February 2007

February

Date: Wed., Feb. 7, 2007
At MWH
Time: 7 PM Business meeting
After meeting, we will
make yard sale signs!

Directions to MWH: From Rt. 3
take Rt. 1 north go to fourth light
to take a left at light onto Mary
Washington Blvd. Follow signs to
hospital.

Refreshments

Please bring an item to share as
listed below:

BB Twins/Quads... ..Sweet
GG Twins... ..Drinks
BG Twins/Triplets... ..Salty

**Newsletter deadline:
February 22, 2007**

**MARCH MEETING INFO:
TUPPERWARE FUNDRAISER
AFTER MEETING! 40% OF
SALES WILL GO TO CLUB!!!**

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FAMOMC'S Children's Clothing and Toy Indoor Yard Sale Saturday March 24 , 2007 8 am to Noon

It is once again time for our Spring Yard Sale. It will be held Saturday, March 24, from 8 am. to noon, at the Spotsylvania Presbyterian on Leavells Rd in Fredericksburg. It is centrally located between Courthouse and Salem Church Roads This is a great fundraiser for the club, as a portion of all the sales goes to the club. Each person who sells and works two shifts donates 10% of their sales to the club. If a seller does not work the sale, then they donate 20% of their sales to the club.

Set up for the sale will start at 5 p.m., Friday March 23rd. The presale will take place from 8 - 9 p.m. and is open to our club members (including honorary and prospective). We will need members to work the presale and/or the yard sale (to include setting up in the a.m. and tearing down at the end). Participation in the sale is open to all members in the club, this includes paid, honorary and prospective members. Every seller must have a seller number and also bring a self addressed and stamped envelope on Friday night to give to Lisa. Please get in touch with Lisa Marsden, 720-7692, to obtain a number. This number must be used to label all sale items.

For further details on the rules and regulations for participating in the sale see this newsletter or contact Lisa Marsden . There is also a Flyer in this newsletter that you can copy and post in your neighborhood as well as tags to use on your items and a guideline to give you an idea on how to price your items. If you need more information, please contact Lisa Marsden at 720-7692. Sign up sheets to help with the sale will be at the February and March meetings. We need people to help clean up after the sale is over. Also if you have plastic bags (food lion, Wal-Mart) please bring them to the Friday night presale or this month or next month's meeting!

2007 MAPOM CONVETION APRIL 27-28

REGISTRATION MATERIALS AND FORM CAN BE
LOCATED ON WWW.MCPOM.ORG/CONVENTION
(14 PAGES)

REGISTRATION FORM AND MONEY WILL BE DUE BY
THE MARCH MEETING AT THE LATEST OR YOU CAN
MAIL IN YOURSELF. DUE BY APRIL 1, 2007.

LET 'S MAKE THIS THE BEST CONVENTION EVER!!!!

Article IV-Officers

A. The elected officers shall be the Club Advisor, President, 1st Vice President, 2nd Vice President, Secretary and Treasurer and are elected by the members. Election will be by written ballot. Officers shall be elected for the term of one year. No officer may serve more than two consecutive terms in the same office. The Club Advisor is considered appointed by succession of a newly elected President and will not be listed on the ballot.

B. To be eligible for nomination for the presidency, a nominee must have been a member of the FAMOMC for one year immediately prior to the May nomination and served on the executive board for one term. To be eligible for nomination to any other elected office, a nominee must have been a member of the FAMOMC for seven months immediately prior to the May nomination. All nominees must have shown active participation in club meetings and activities and a willingness to work for the good of the club.

Duties of Elected Officers

a. **President**-The president is the official representative of the organization on all levels and has general supervision of the affairs of the organization. She shall preside at all regular meetings. The president will appoint all committee chairmen with the approval of the executive board. The president may serve as the club advisor following her term of office, for a period not to exceed two years. The president submits any comments to be published in the newsletter to the editor by due date set by the editor.

b. **1st Vice President**-presides over meeting when president is absent. She makes arrangements for speakers and monthly programs and notifies the paper and radio of meeting time, place and program for the month. Submits programs three (3) months in advance to the executive board. Acts as hostess to speakers and is responsible for expression of appreciation in writing to each speaker. Submits programs to be published in the newsletter to the editor by the due date set by the editor.

c. **2nd Vice President**-oversees the coordination of all official and social activities. Submits all pertinent information to the newsletter editor by the date set by the editor.

d. **Secretary**-keeps an accurate record of all meetings of the club. She will attend to all matters of correspondence. Keeps current attendance and service records and active membership list for club records. She will be responsible to send appropriate cards to membership. Submits summarized record of all meetings for the newsletter by the due date established by the editor.

e. **Treasurer**-Handles all money belonging to the club. Responsible for receipts and deposits of club money in a designated bank, makes all disbursements as authorized by the membership, responsible for preparation of budget. Provides required reports to the National organization to maintain the FAMOMC federal group tax-exempt status. Gives a report at each regular meeting and submits report by the due date set by the editor for the newsletter.

f. **Club Advisor**-The past president may serve as the club advisor for a term not to exceed two years. The club advisor provides direction and advice to the president and other officers. Serves as a resource to the club. Should the current past president not be able to serve, the executive board shall assign another eligible past president to this position.

FAMOMC
Secretary's Minutes
December 6, 2006
Members and Guests Present: Stacey Broughton, Diana Wheeler, Nicole Robinson, Jennifer Swenoon, Katie Poole, Melody Sutton, Susan Bast, Elizabeth Patrick, Sherlyn Pierce, Dianne Albrecht, Germa Batton, Vikki Lare, Malinda Jones, Graciela Lopez, Carrie Williams, Heather Oljey, Jennifer Coursey, Maygen Green, Lisa Marsden, Michelle Patrick, Laurie Britt, Nanette DeLong, Jen Huff, Michelle Asimacopoulos, Ann Steimer, Angela Stephenson, Roxanne Nance, Melinda Ashton, Tonya Vazquez, Liandra Belovarac, Sonja Coulon, Rachel Smart.
1st VP: We will be working on Diaper cakes for the new arrivals during Jan. meeting.
2nd VP: Christmas Party changed location to Anytime Fitness. Will need help with tables.
Treasurer: report ok-Michel Asimacopoulos motioned, Jen Huff seconded
Secretary: report ok- Roxanne Nance motioned, Jen Huff seconded
Sunshine: See Lisa Marsden for more info
MMO: details in newsletter or ask Jen Huff
Membership: We have around 45 members
Yard Sale: Date in March to be determined
Ways and Means: Selling Entertainment books for \$25 each. Still have Peel-Aways to sell for \$10 each
Newsletter Deadline: 12/22
Old Business: Social Welfare for twin family in Fredericksburg. Give donations to Ann Steimer or Vikki Lare.
New Business: Need a new Historian, Dishing up Dinner nite out planned for Dec. 19
Motion to Adjourn: Sheri Pierce
Seconded: Michelle Patrick

FAMOMC
Secretary's Minutes
January 3, 2006
Members and Guests Present: To be given later.
1st VP: We will be making Diaper cakes tonite. Possible Jazzercise for next month
2nd VP: Thanks to all who helped to make Christmas Party a big success. Next party Easter.
Treasurer: Report ok. Michelle Patrick motioned to accept. Lisa Marsden seconded.
Secretary: December's report is late. Will be in next month's newsletter.
Sunshine: Doing fine. See Lisa Marsden for info
MMO: Spotsylvania Town Center See newsletter for details or contact Jen Huff.
Membership: ok
Yard Sale: Still waiting for confirmation on date
Ways and Means: Continue selling entertainment books and Peel-aways.
Social Welfare: Still collecting for homeless shelter
Newsletter Deadline: Jan. 22
Old Business: none
New Business: MAPOM scholarship information. Convention information.
Motion to Adjourn: Katie Poole
Seconded: Lisa Marsden

Treasurer's Report February 2007 By: Germa Batton	
INCOME:	
50/50 raffle.....	\$ 14.50
Entertainment Books.....	\$825.00
Dues **.....	\$ 33.00
Total Income:	\$872.50
EXPENSES:	
Diaper cakes.....Diana Wheeler.....	\$103.97
Total Expenses:	\$103.97
Checkbook Balances.....	\$2171.01
Cashbox.....	\$200.00
Ending Balance.....	\$2371.01
***Jessica Johnson, Tanya Vazquez	

**FREDERICKSBURG AREA MOTHER OF MULTIPLES
CONSIGNMENT YARD SALE GUIDELINES**

I. DESCRIPTION OF CONSIGNMENT SALE - WHAT IS IT?

The consignment yard sale is replacing quickly the traditional yard sale for many organizations. The consignment sale is a more efficient way to organize a fundraising sale. It's benefits are:

- More efficient shopping (all items of same size/gender in one area)
- More sellers mean more items.
- Preferred mode of shopping by most buyers
- Members don't have to have a lot of merchandise in order to sell
- No haggling over prices
- Seasonal items are sold only

II. DETAILS OF PLAN - GUIDELINES FOR SELLERS

Sellers will be assigned a seller number and will be provided uniform price tags. Sellers can carry over the same seller number from sale to sale, so that merchandise can be tagged as soon as it is outgrown. However you must register to sell for each sale. Sellers will be responsible for pricing their own merchandise. Merchandise should be priced to sell, as there will be no price negotiations. **ONLY SEASONAL MERCHANDISE CAN BE SOLD.**

Therefore, [for the Spring Sale, only spring and summer merchandise](#) and at the Fall Sale only fall and winter merchandise should be sold. Non-seasonable merchandise will be pulled from the selling floor prior to the sale.

Pricing should be done in increments of \$.25.

All merchandise must be ticketed and organized as follows:

[Attach NEW tags to merchandise with 1 safety pin \(Merchandise already tagged does not need to be changed\)](#)

Tape tags to merchandise grouped in baggies

Make sure matching pieces are pinned together, note on tag "2 pieces

Make sure shoes are together or put in baggies

Place socks in baggies

Place small toys in baggies

Tape tags to the front outside cover of books

Tape tags to large equipment/toys

NOTE: Tags must be removable. These tags are how we reimburse you.

Sale Tags: A copy of the tags are on the website. If you already have a seller number from the previous sale [and have contacted the yard sale chair mom](#), you can start tagging your merchandise. Red marker will be used for markdowns. Tags are to be affixed with [1 safety pin](#) or taped so the tag can be removed without ripping. Toys, equipment, videos, books and items in baggies should have the tag taped to the item or baggie on the front of the item. Please do not tape the entire tag, as it is difficult for cashiers and baggers to removed taped tags. These tags are how we reimburse you. Each seller will be provided a uniform nametag, which must be worn at all times during the yard sale. No one will be admitted as a seller without a nametag.

SELLERS WILL BE RESPONSIBLE FOR WORKING TWO SHIFTS DURING THE SALE AND PICKING UP THEIR MERCHANDISE.

Job descriptions will be provided at the set-up and presale. Please keep in mind that almost everyone wants to work Friday night and the last shift on Saturday. Please try to arrange your schedule so that you can help when the help is most needed to make our event the most successful. [Worker spots for specified shifts will be limited and are done on a first come first serve basis. If you are interested in working a shift you will need to sign up at the meeting or call the yard sale chair mom.](#)

Those who work [two shifts during the sale will donate 10% of your profits to the club.](#) If you do not wish to help at the sale, 20% of your profits will be donated.

Set-up and member/seller presale will be Friday night. [Building set-up will be from 5:00-7:30 p.m. Building will not be opened for item set up \(this includes shift workers\) until the building is Completely prepared for sale! All sellers should arrive by 6:00 p.m. to set-up their pre-tagged items.](#)

[At 7:30 p.m., the selling floor will be cleared and you will be asked to leave the building unless you are working the 7:30-10:00 pm shift.](#)

[Those Friday night workers will be allowed to shop from 7:30-7:50, at 8:00 pm workers should be in assigned spots ready for doors to be reopened. At 8:00 pm the doors will reopen for presale in an organized re-entry. Only members, honorary, prospective and pre-approved guest will be allowed in the building on Friday Night.](#)

Buying **will not** occur during the building set up and any items not in their appropriate spaces will be put back prior to the pre-sale on Friday night.

FREDERICKSBURG AREA MOTHER OF MULTIPLES CONSIGNMENT YARD SALE GUIDELINES

To participate in the pre-sale you must be a current member, honorary, or perspective member.

If you are a member or honorary member expecting a baby or are on bed rest, you will be allowed to send someone to shop in your place on Friday night or will be allowed one other person to help you shop. **Any guest for "whatever circumstance" must be pre-approved before the Friday night presale. This can be done by calling the yard sale chair mom, those not on the pre-approved list will not be allowed to enter the sale.** Friends, sisters, etc. are not allowed to shop with you at the pre-sale, but are encouraged to attend during the public sale on Saturday. **NO children will be allowed to attend the set-up or while you are working your shifts.**

Sellers and members will be admitted onto the sales floor approximately 8:01 p.m. for buying.

All sold merchandise will need to be removed on Friday evening.

All membership dues must be paid prior to any yard sale activity! Dues will not be accepted at the yard sale.

Sellers need to identify to the Yard Sale chair mom whether or not they want their items donated if they do not sell.

IF NO DONATION SITE HAS BEEN DETERMINED, SELLERS WILL NEED TO MAKE ARRANGEMENTS TO PICK UP THEIR UNSOLD ITEMS. Failure to make arrangements to pick up unsold items will result in an additional 10% donation to the club, regardless of shifts worked!

SALE DAY

Sellers will be responsible for performing their **two assigned shifts**. Sellers will be responsible for retrieving their unsold merchandise immediately following the close of the sale.

Checks will be accepted on Friday evening from sellers and members, but will not be accepted during the general public sale on Saturday.

Items will **NOT** be sold without a tag. These items will be in a REJECT box. Sellers should check the reject box periodically to be sure that their merchandise makes it back on the selling floor with a proper tag.

FINANCES

All sellers must provide a self-addressed stamped envelope if they wish to have their payment mailed. Payment will be made by the next monthly meeting, but no sooner than 2 weeks following the sale.

Tags will be removed from sold merchandise at the register area. **Tags will be placed into secure boxes and will be sorted during the sale at a designated place off site and will be sorted into seller trays by seller number.**

Those who work **two shifts** will donate 10% of your profits to the club. If you do not wish to help at the sale, 20% of your profits will be donated.

Final calculation will be made and a check will be made out to the seller minus the donated percentage. To ensure accuracy, please allow 2 weeks for the treasurer committee to reconcile tags and balance the finances.

Optionally, paper tickets will be made available at the next monthly meeting. Otherwise, the tickets will be discarded.

SHIFTS

Friday Night Building Set-up - 5:00 to 7:30

Friday Night Worker - 7:30 to 10:00

Saturday 1st Shift - 7:30 to 10:00

Saturday 2nd Shift - 10:00 to 12:30

Saturday 3rd Shift - 12:00 to 2:30

Everyone selling is required to help clean-up and should report no later than 12:00.

DUTIES

Cashiers - Responsible for checking out the customers and notifying the yard sale chairperson when a problem arises or money needs to be dropped.

Tag Removal/ Baggers - Responsible for removing tags and bagging all items.

Floor Personnel - Responsible for passing out hold signs for large items, helping customers on the selling floor and keeping clothes/items straightened on the tables.

Door monitor - Responsible for making sure no items leave the building that have not been paid for.

PRICE	Size & Description _____ _____ _____ Seller #: _____	PRICE	Size & Description _____ _____ _____ Seller #: _____	PRICE	Size & Description _____ _____ _____ Seller #: _____
PRICE	Size & Description _____ _____ _____ Seller #: _____	PRICE	Size & Description _____ _____ _____ Seller #: _____	PRICE	Size & Description _____ _____ _____ Seller #: _____
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PRICE	Size & Description _____ _____ _____ Seller #: _____	PRICE	Size & Description _____ _____ _____ Seller #: _____	PRICE	Size & Description _____ _____ _____ Seller #: _____

FAMOMC Annual Spring Children's Clothing & Toy Sale

Sponsored by:

Fredericksburg Area Mothers of
Multiples Club

Saturday, March 24, 2007

8 am to Noon

At the

Spotsylvania Presbyterian Church
Leavells Road between Courthouse &
Salem Church Roads, Fredericksburg

Children's gently used clothing

(Infant to teenage sizes)

Baby equipment, furniture and accessories

Toys and Books

Some household goods

Cash Only—No Checks!

Member News

Happy Birthday

Jillian Motzer... ..2/6
 Hayden & Ethan Perry... ..2/6
 Stacey Watson... ..2/6
 Lisa Marsden... ..2/9
 Alexandra & Andrew Steimer... ..2/11
 Jon Perry... ..2/13
 Lee Sutton... ..2/19
 Terralis Gibson... ..2/21
 Emma Faith Nothelfer... ..2/23
 Bill Asimacopoulos... ..2/24
 Timothy & Olivia Thomas... ..2/27

Happy Anniversary

Dianne & Gerald Albrecht... ..2/12
 Suzanne & Lane Poe... ..2/14

Baby News

Kristy & Paul Vann welcomed their third child into the world on October 30, 2006. Walker Evan Vann was 8 pounds 5 ounces and 21 inches long! Congratulations to the whole family!

Hello FAMOMC,

The March of Dimes Walk America is on May 12, 2007 at Old Mill Park in downtown Fredericksburg. This is also the day after Ada and Aleah's first birthday. Jason and I are so grateful to each and every person, organization, family, and church who has helped us along our journey. We'd like to "pay it forward" and do our small part in helping to save babies. Please consider joining our team, form your own team, or make a donation to a person or team participating.

The link to our team page is as follows:

www.walkamerica.org/374788

Thank you very much!

Manda, Ada, and especially, Aleah.

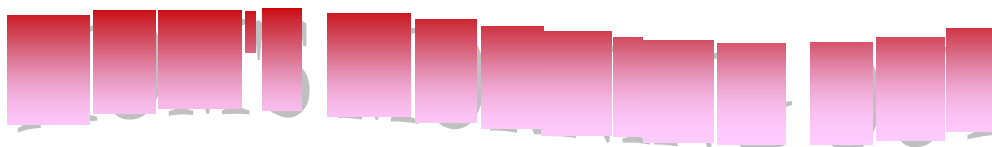
BJ's Wholesale Club will be glad to offer the members of the FAMOMC a discount on memberships. The offer is:
 \$15 off the club price of \$45 (\$30 mem.)
 3 Extra Months free (15 month mem.)
 Free 2nd household card

The discount is for NEW and RENEWING members. If you are interested, please see Nicole Robinson at the February meeting or email her at dn995@aol.com.

Thanks, Nicole

FOR SALE

Black Double Jogging Stroller (unique in that the front wheel swivels) \$100
 Blue Race Car Toddler Bed \$50.00
 Can Deliver!
 Call Stacey W. at 540-760-7560



Mom's Morning Out (kids)- Mon., Feb. 12, 12pm
Spotsylvania Mall, NEW kids play center

Mom's Morning Out (Moms only)- Fri., Feb. 16, 10 am,
Starbucks
[Westwood Shopping Center](#)
2001 Plank Road
Fredericksburg VA, 22401

Note: All Moms with multiples/siblings, Pregnant Moms, Honorary Moms and Prospective Moms welcome to all MMO events (unless otherwise specified).

Mom's Night Out (Moms only)- Wed, Feb, 21, 7 pm,
Pancho Villa
Central Park
2931 Plank Rd
Fredericksburg, VA 22401
540-548-4550
<http://www.panchovillava.com>

Family Night Out – Sat., Feb. 24, 5:30 pm,
Friendly's
[10336 Spotsylvania Ave.](#)
Fredericksburg, VA 22408
540-898-4528

EXTRA ACTIVITES IN THE AREA:

[Alphabet Soup - Day Care- Friday, February 2, 10:00 AM-10:30 AM](#)

Salem Church Library
2607 Salem Church Road, Fredericksburg, VA 22407-6451
Phone: 540/785-9267 Stories, songs, and fun for children ages 2-5 with a caregiver. **Meets every Friday**

[Alphabet Soup –Family- Friday, February 2, 11:00 AM-11:30 AM](#)

Salem Church Library
2607 Salem Church Road, Fredericksburg, VA 22407-6451
Phone: 540/785-9267 Stories, songs, and fun for children ages 2-5 with a caregiver. **Meets every Friday**

2/24/2007

["Winter Sky - Bare Trees"](#)

Gari Melchers Home and Studio will host two sets of children's art classes taught by Lafayette Upper Elementary School Art Teacher Tyler Ballard on Saturday, February 24 from 12:30 – 2 pm and again from 2:30 – 4 pm. "Winter Sky – Bare Trees" will encourage children to study the structure of trees and the winter sky while learning about warm and cool colors, positive and negative space and the use of color. An introduction to Gari Melchers' artwork in the Studio is also included. Suitable for children ages 8 to 15, each student will take home a finished art piece. Class sizes are limited and pre-registration is required. For additional information and to register, contact Education Coordinator Michelle Crow-Dolby at (540) 654-1851 or mdolby@umw.edu. \$
Gari Melchers Home and Studio, Fredericksburg, VA 22405

2/25/2007

[Music Mania](#)

Children explore the world of music, rhythm and sound with hands-on fun! 3:30pm-5:00pm. \$
Dorothy Hart Community Center, Fredericksburg, VA 22401

February 2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7 <i>Bus. Meeting 7:00</i>	8	9	10
11	12 <i>MMO Spotsy Mall Play Area 12</i>	13	14 <i>Happy Valentines Day!!</i>	15	16 <i>MMO Starbucks 10:00 am</i>	17
18	19	20	21 <i>Mom Night Out Pancho Villa</i>	22 <i>Newsletter Deadline</i>	23	24 <i>Family Night Out Friendly's</i>
25	26	27	28	<i>IF YOU NEED MORE INFO ON</i>	<i>MOM'S MORNING OUT, SEE</i>	<i>PAGE 10 OF NEWS- LETTER!</i>

The Daily Double

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<http://www.famomc.org>

The Daily Double

The Daily Double is the official publication of the Fredericksburg Area Mother of Multiples. It provides information about the club meetings and activities, as well as other articles of interest. The purpose of FAMOMC is to broaden the understanding of those aspects of child development and rearing that relate especially to multiples. The policy of FAMOMC shall be to give assistance and understanding to mothers of multiples and those responsible for the care and raising of multiples.